

PKM

Oral surgery made personal

POST-SURGERY PAIN RELIEF

If your child is not allergic to ibuprofen (Motrin, Advil), they may take one of these prior to the local anesthetic wearing off. They may take ibuprofen 4 times a day as needed during the first few days following surgery. Also, consider adding over-the-counter acetaminophen (Tylenol) in between the ibuprofen doses as needed, in 3-hour increments. (see diagram)

For severe pain, a narcotic medicine may be needed. Please take any narcotic medications as prescribed. **DO NOT LET YOUR CHILDREN DRIVE, OPERATE MACHINERY OR MAKE IMPORTANT LIFE DECISIONS WHILE UNDER THE INFLUENCE OF NARCOTIC PAIN MEDICATIONS OR GENERAL ANESTHESIA.** Do not take acetaminophen (Tylenol) at the same time as the narcotic (Norco, Lortab, Vicodin, Percocet, hydrocodone, oxycodone, codeine, etc.), as these medications already contain acetaminophen. There are no negative interactions between the prescribed narcotics and ibuprofen, so they can be taken at the same time.

Our referred method for minimizing post-operative discomfort is to alternate ibuprofen and Tylenol every 3 hours. The narcotic pain medications can be used to supplement breakthrough pain, in lieu of the Tylenol rotation. Avoid taking the narcotic with the dose of Tylenol. When possible, try to take the narcotics at night, as they can make your child groggy and can slow down reflexes. Pain or discomfort following surgery should progressively subside with each day. If, however, pain persists and they are not getting relief, please call our office.



Please contact us at **480.685.9696** with any questions.